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The National Council Of Vanik Associations
NCVA



**LIVE AND HELP
TO LIVE**

Issue 1 - August 2006

We are making history!

Dear member,

We (the NCVA) are very pleased to be able to give you our very first newsletter. We hope to serve you better, and in a more efficient way, by including information in one concise newsletter, as and when necessary. We will send it to you by email or post (if you do not have access to email). We will be relying on you to help us move with the times by giving us your up-to-date contact details and telling us what you think so we can do more of the same or change to fit your needs better.

You may be aware that we are involved in many things in the hope of bettering our lives, stretching our knowledge, increasing our skills, providing opportunities and improving the lives of the community in the future i.e. the next generation.

We will keep you involved and informed about these 'projects' and events and we hope that you spread our good work but equally, let us know what is good and what is not, so that we can make changes if need be.

We wish that you enjoy this newsletter and share in our excitement when you read it.

Thank you

Your Editor ~ Heena Shah

The NCVA committee at your service

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Groups Established by NCVA

Vanik Professional Group
Vanik Business Group

CHAT AKA Community Health

The National Council of Vanik Association has been trying to raise medical awareness within our community. To this end, we have held two workshops. The last one was on 1 June 06. both workshops were addressed by Dr Ameet Bakhai.

We are now in the process of expanding our core team to take on more tasks.

Please see a summary of the last workshop below. The workshop was divided into 5 Groups:

- Two were community leaders group
- One was doctors group
- One was our Elderly (patients) group
- One was Health Professionals group.

Each of the groups were posed three questions and surprisingly the answers were very similar.

For further information please see the text below.

If you are interested in this project and are able to give time and effort, please e-mail one of us and explain how you are able to help this project.

Dr Ameet Bakhai abakhai@tiscali.co.uk

Manharbhai Mehta manhar_mehta@hotmail.com

Nitin Parekh accountax2000@yahoo.com

Dhiru Galani d.galani@btinternet.com

Written by Dhiru Galani

NOTES FROM Community Health Agenda MEETING HELD ON 1ST JUNE 2006

Manharbhai Mehta commenced the discussion with introduction of NCVA projects:

- Help the Elderly - Grants for two years £1500.
- Spiritual care for Patients in Hospitals. Received grants of £8000.
- Directory project.

Dr Ameet Bakhai, started with recap of the 1st CHAT meeting in March 2005 and explained the reasons for the big gap between two events. He highlighted following:

- North West NHS budget for healthcare was £2 billion in 2005
- And we (NCVA) only got £8K.
- We should be able to claim a much larger portion
- We have highest number of Asian doctors, dentists and pharmacist but we do not make best use of services.
- Need for more Translator facilities
- More research on diseases affecting our communities
- Our community GPs should be more active in forming relationships with our community patients.
- We should organise and actively take our grievances to PCTs.
- We do not know how to and who to complain about shortcomings in our treatment.
- We need to collect more info for medical need of our community e.g. Normal Cholesterol level, blood pressure level typical to our community, Effects of fasting. To do all these we need active community support.
- Unlike Jewish community, we prefer to see non Asian Doctors.

Continued overleaf

Our Five Year Plan:

- Directory of professionals ie opticians, dentists, pharmacists, Doctors and Consultants
- Register and share our experiences with other community members via web site or other methods.
- On line registry of diseases affecting particularly to our community.
- Increase our representation in decision-making process in NHS.

Workshop:

After the initial chat by Dr Ameet Bakhai a workshop was set up of Health Professionals, Elderly group, Community Leaders and Doctors.

All the groups had to discuss the following 3 questions.

1. If success was guaranteed, where would you like to see CHAT in five years?
2. What specific steps could your GP take to contribute? Top 5 steps.
3. What obstacles do you anticipate?

Report from the Five Groups in the workshops:

What they agreed: -

- ⇒ Proper CHAT structure with chain of commands
- ⇒ Increase project awareness
- ⇒ Access to health care team and doctors by e-mail, web site and telephone and very coherent communications
- ⇒ Awareness/create/options: a list of services available and contact numbers
- ⇒ Organise health screening programmes
- ⇒ Undertake a survey of the needs of our members
- ⇒ Participate in NHS decision making
- ⇒ Identify talents within community

What they did not agree about: -

- ⇒ Lack of commitment,
- ⇒ Sincism in delivery,
- ⇒ Maintaining enthusiasm,
- ⇒ Leadership,
- ⇒ Patient shyness,
- ⇒ Lack of unity

A big THANKS goes to the following people who, at the end of the meeting, volunteered to help with this project: -

Sushma Sanghvi re research

Navin Shah re Grant help.

Nitin Patel re various tasks for approx two hours per week.

Written by Dhuru Galani

The NCVA Matrimonial Register

For those of you who are unaware, the NCVA have a very professional, anonymous structure in place to help you meet your possible soul mate.

Ramniklal Mehta is the person to contact if you view details of a person that wish you learn more about. He will check whether you are a member and then pass on our details to the person that you're interested in.

The list is organised so that the reader can learn the height, qualifications, age and reference number of each member. Viewers can see whether the members on the list are male or female by looking at the letter at the beginning of the reference number.

For contact details of members on the list OR to become a member please contact: ~

Ramniklal R. Mehta

Contact time: Monday to Friday Evenings between 5.30 p.m. & 7.30 p.m. ONLY, on Tel. no. 020 8361 9471

Please DO NOT contact outside above days and time

You can also receive this list by e-mail. Please e-mail ~ manhar_mehta@hotmail.com

The Matrimonial Register

Ref No	DOB	Ht	Qualifications
F435	24-Mar-75	5'3"	Pharmacist
F444	02-Feb-78	5'0"	BTEC Business Administration
F451	30-Apr-67	5'4"	M.Com, MSc Computer Science
F458	11-Jun-67	5'4"	Final ACIB
F460	09-Aug-78	5'2"	B. Sc. (Hons)Computer Science
F463	08-Dec-78	5'3"	BSc Pharmacology
F471	26-Mar-76	5'6"	B. Sc. (Hons) Pharmacist
F481	31-May-75	5'2"	MBBS(Hons),MRCP,BSc(Hons) Biochemistry
F489	28-Jan-75	5'4"	MBBS, MRCP
F490	19-Mar-78	5'7"	BA Social Science
F503	20-May-78	5'2"	B.Sc. (Hons) Maths with Business
F519	07-Feb-64	5' 0"	B.Sc.(Hons)Psychology
F520	13-Apr-63	5'0"	Diploma in Business Studies, Management Training
F522	25-Jun-58	5'2"	B.Sc. M I Pharm M M R P S
F523	30-May-70	5'5"	B.Sc. (Hons) ACA
F525	01-Nov-67	5'2"	B.A. (Hons) ACMA - Management Accountant
F529	02-Feb-75	5'3"	B.Sc. (Hons) Pharmacy, MR Pharms
F534	28-Aug-76	5'4"	M Pharm, M R Pharm S
F536	25-May-78	5' 2"	BA (Hons) in Primary Education with Teacher's status
F541	09-Mar-65	5'0"	B.A. (Hons) Business Studies, Diploma in Marketing
F555	16-Nov-77	5'7"	BDS (Dentist)
F578	05-Apr-71	5' 2"	B TEC

The Matrimonial Register

Ref No	DOB	Ht	Qualifications
F582	02-Nov-80	5' 6½"	BSc (Hons) Mathematics, Studying CFA exams
F583	17-Aug-81	5' 1"	BSc (Hons) Management
F585	28-Jul-62	5' 4"	BSc Mathematics
F586	31-Aug-76	5' 3"	BSc (Hons) Chemistry, Masters in Business
F587	31-Jul-80	5' 4"	MPharm(Hons), MRPharmS
F593	23-Sep-71	5' 5"	BDS(Hons), FDS RCS (Eng), MSc, Morth(RCS)
F595	10-Jul-75	5' 3"	BSc (Hons) Business Computer
F596	09-Feb-78	5' 2"	BSc(Hons)
F598	10-Sep-75	5' 6"	Business Administration, Studying CIMA
F600	18-Jan-73	5' 3"	B.Sc. , ACA (chartered Accountant), MBA
F601	26-Feb-79	5' 0"	BA Management of Business Information
F602	16-Oct-80	5' 5"	Optometrist
F603	07-Apr-77	5' 2"	MA Economics
F605	02-Dec-79	5' 4"	BCom, ACCA
F606	26-Jan-80	5' 1"	M Pham (Pharmacist)
F608	18-Jan-79	5' 5"	Studying PhD at present
F609	07-Jan-77	5' 0"	LLB, LPC
F610	02-Sep-69	5' 6"	BA(Hons) Leisure Management
F611	11-Jun-80	5' 6"	LLB (Hons), LPC
F613	19-Jun-80	5' 3"	B Sc Computer Science
F614	07-Dec-76	5' 2"	MA & BA (Hons) Human Resources
F615	08-Jun-80	5' 1"	BSc(Hons) Biochemistry+Microbiology
F622	11-Apr-81	5' 3"	BSc Computer Information System
F626	25-Jun-79	5' 4"	BSc Sociology, MSc Media & Gender
F630	16-Apr-80	5' 1"	BSc European Studies + Sociology
F634	29-Jun-80	5' 2½"	GCSEs, A Levels
F635+	23-Sep-66	5' 6"	Textile Designing
F636	29-Dec-75	5' 3"	Media Studies (Sheffield Univ.)
F637	19-Aug-79	5' 4"	BA(Hons) MGMT Accounting, ACCA
F639	05-May-78	5' 1"	BA (Hons), Post Grad Dip Law & LPC
F640	09-Dec-72	5' 4"	Bcom, Montessori Course
F641	16-Oct-70	5' 3"	Travel & Tourism, GCSEs
F642	17-Jan-78	5' 4"	Bachelor of Pharmacy(Hons)
F643+	10-Jul-80	5' 5"	BSc Economics & Finance, CIMA finalist
F644	10-Feb-80	5' 7"	B Com (Education in English Medium)
F647	28-Jul-74	4' 10"	BSc Computer
F648	21-Oct-80	5' 5"	BA (Hons) Tourism Business Management

The Matrimonial Register

Ref No	DOB	Ht	Qualifications
F650	12-Oct-83	5' 11"	Batchelor of Fine Arts(Applied)
F651	26-Dec-66	5'3"	MBChB, BSc, MRCP(UK), MRCPCH
F652	06-Apr-79	5' 5"	BA (Hons) Business Admin & Marketing (Leicester)
F653	30-Jul-74	5' 1"	B E Mechanical Engineer, Diploma CAD/CAM
F654	24-Jun-78	5' 0"	HND Graphic Design
F655	16-Nov-80	5' 4"	MSc Chemistry
F656	29-May-80	5' 4"	Master of Pharmacy, Pharmacist
F657	16-May-79	5' 3"	M B CH B (Doctor), BSc
F658	23-Aug-81	5' 22"	BSc Pharmacology, MSc Finance
F659	12-Mar-76	5' 4"	BA (Hons) Marketing, Part Qualified CIMA
F660	22-Feb-79	5' 6"	M Pharm
F661	28-Jul-82	5' 1"	BA(Hons) Computing & Information Systems
F662	22-Apr-81	5' 4"	Masters in HR Management, BSc Hons
F663	19-Sep-78	5' 2"	HND Professional Broadcasting & Television Op.
F664	26-Jun-79	5' 2"	BSc(Hons) Podiatry, BA(Hons) Media & Commu.
F665	04-Mar-80	5' 3"	M. PHARM
F666	05-Nov-78	5' 0"	BSc and CIMA
F667	09-Nov-84	5' 2"	Final Year BSc (Hons) in Radiology
F668	22-Aug-80	5' 0"	M. PHARM (Hons)
F669	30-Oct-78	5' 3"	O Levels
F670	23-Jun-81	5' 2"	BA (Hons) Accounting
F671	30-Oct-81	5' 0"	BSc (Hons), MC optom
F672	31-Mar-77	5' 4"	BDS, MFDSRCS, Dentist (Specialist Trainee)
F673	04-Aug-77	5' 5"	BA, MBA
F674	01-Aug-81	5' 1"	BSc (Hons), Management U.C.E.
F675	29-Oct-80	5' 3"	BSc (Hons) Economics
F676	26-Mar-72	5' 2"	Diploma in Computing

Attention!!

If you are a member and you have got engaged or married, please phone the administrator as early as possible. This will prevent people enquiring about you. It will also save your time, the caller's time and the administrator's time. Above all, it will prevent any embarrassment or awkwardness to you or the caller.

The list of male members follows overleaf

The Matrimonial Register

Ref No	DOB	Ht	Qualifications
M451	21-May-75	5'9"	ACCA Chartered Certified Accountant
M465	10-Jul-73	5'5"	Computer & Accounting
M469	15-Dec-68	5'7"	BA Hons Information management and Finance
M481	08-Sep-74	5'5"	Bussiness Management, Computer Diploma
M485	09-Apr-72	5'11"	B.Eng.(Hons) Computer & Information Engineering
M488	04-Sep-76	6'0"	Bpharm, M.Sc.
M489	08-Oct-77	5'10"	B.A.(Hons) Accounting & Finance, CIMA Finalist
M490	08-Apr-76	5'6"	B.Sc.(Hons) Business Information Systems
M491	07-Sep-73	5'8"	MBChB, MRCS
M496	07-Aug-73	6'0"	B Sc Biomedical Science
M500+	07-Nov-64	5'5"	Motor Technician (City & Guilds)
M502	02-Dec-77	5'7"	M Eng Aerospace Engineering with French
M505	08-Dec-76	5'10"	MA, BSc Accounting & Finance
M508	21-May-81	5'11"	Diploma in Electrical Engineering, MCSC in Computer
M510	04-May-59	5'5"	SSC High School Graduation
M511	15-Oct-61	5'3"	SSC High School Graduation
M518	21-May-74	5'8"	B Pharm (Hons), MRPharmS, PhD
M519	30-Jun-74	5'5"	BSc, MBBS, MRCS
M526+	23-Feb-70	5'5"	B TEC Engineering, FPC
M532	27-Feb-60	6' 0"	BSc (Hons) Computer Science
M533	15-Apr-78	6' 0"	MPharmS(Hons), MRPharmS
M538	16-Feb-74	6' 0"	Optometrist
M539	13-Mar-73	5' 11"	BSc Business Studies, ACA
M545	13-Mar-75	5' 9"	BSc, Chartered Accountant
M550	09-Jul-70	5' 11"	CENG, MBCS, CITP
M551	14-Sep-72	6' 2"	MBBS, MRCP
M553	29-May-78	5' 10"	BA (Hons), ACA Chartered Accountant
M555	09-Jun-80	5' 5"	BDS Dentistry
M565	07-Aug-75	5' 9"	BA (Hons) Acc. & Taxation, ACCA (Final Stage)
M570	15-Nov-78	5' 10"	BSc (Econ), MSc(Econ), CIMA Finalist
M571	11-Feb-73	5' 8"	MSc Operational Reacherch (LSE)

The Matrimonial Register

Ref No	DOB	Ht	Qualifications
M572	03-Nov-78	5' 6"	Mpharm, MRPharmS
M575	29-Nov-80	5' 4"	BSc (Hons) Optometrist
M576	20-Aug-69	5'8"	B.Sc.(Hons) Chemistry, MBA
M577	08-Dec-69	5' 7"	MBCHB, MRCP, SPR
M578	19-Jul-77	5' 10"	BSc (Hons) Physics with Theoretical Physics
M579	03-Sep-78	6' 1"	BSc (Hons) Chemistry & Management
M580	16-Oct-78	5' 8"	ACA Chartered Accountant
M581+	09-Mar-65	5' 8"	B Com
M582	21-Nov-79	5' 82"	BSc Computer Science, Studying CIMA
M584	11-May-75	5' 10"	Graphic Design
M585	18-Sep-81	5' 5"	BSc (Hons) Computer Science
M586	12-Jun-78	5' 10"	Multi Media Technology
M587	10-Jul-80	5' 11"	B Eng (Joint Hons) Electro Eng.&Computer Science
M588	12-May-81	5' 8"	BDS Dental Surgery
M589	14-Mar-75	5' 4"	BSc (Hons) Management Science
M590	09-Nov-76	5' 10"	BSc(Hons) Economics
M591	07-Oct-79	5' 6"	BA(Hons) Accounting & Finance, ACCA
M592	20-Aug-75	5' 8"	BSc (Hons) Comp. Sc., MSc (Hons) Info System
M593	11-Dec-78	5' 8"	BSc Business Management
M594	23-Feb-81	5' 8"	IT Computing A levels
M595	30-Nov-80	5' 6"	Travel & Tourism
M596	21-Sep-80	5' 6"	B Eng Software Engineering
M597	19-Jun-80	5' 7"	Masters In Pharmacy
M598	19-Apr-83	5' 9½"	A Levels
M599	19-Jan-82	6' 0"	BSc Computer Sc & Economics
M600	30-Oct-80	5' 8"	BA (hons) Media Production Management
M601	18-Feb-76	6' 0"	CIMA Finalist, BA (Hons) Business Studies
M602	15-Nov-79		BA (Hons) Tourism
M603+	26-Aug-68	5' 6"	Chartered Accountant
M604	09-Jul-80	5' 11"	ACA, BSc (Hons)
M605	01-Feb-80	5' 6"	BA Business Econo., MSc Marketing

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